

## Suggested Supplied for after-school activities or field trips:

Student Name: \_\_\_\_\_

- \_\_\_\_\_ Blood glucose meter
- \_\_\_\_\_ Blood glucose test strips
- \_\_\_\_\_ Batteries for meter
- \_\_\_\_\_ Lancet device
- \_\_\_\_\_ Lancets
- \_\_\_\_\_ Container for sharps disposal, etc.
- \_\_\_\_\_ Urine ketone strips
- \_\_\_\_\_ Insulin pump: extra batteries, infusion set, IV skin prep, extra insulin
- \_\_\_\_\_ Insulin syringes (also if you have a pump syringes may be needed if pump malfunctions)
- \_\_\_\_\_ Insulin supply: vial and/or pen (Novolog, Humalog, etc.)
- \_\_\_\_\_ Insulin pen "heads"
- \_\_\_\_\_ Fast-acting source of glucose such as glucose tablets or glucose gel (carry some and for team kit, field trip or after school security staff)
- \_\_\_\_\_ Carbohydrate containing snack(s)
- \_\_\_\_\_ Possibly a meal if staying after school during typical meal time (if going on a field trip suggest packing a light meal in the event the bus breaks down)
- \_\_\_\_\_ Glucagon emergency kit (for team kit, field trip and/or after school security)
- \_\_\_\_\_ Cell phone (charged)