

Parent/Guardian: If you do not supply the annually updated medical plan with supplies to manage your child's diabetes he/she will not be permitted to participate in sports or off campus activities, including field trips.

Although it is not required we strongly suggested that your child wear a medical identification necklace or bracelet.

Student Name: _____

Suggested Supplied for after-school activities or field trips:

- _____ Blood glucose meter
- _____ Blood glucose test strips
- _____ Batteries for meter
- _____ Lancet device
- _____ Lancets
- _____ Container for sharps disposal, etc.
- _____ Urine ketone strips
- _____ Insulin pump: extra batteries, infusion set, IV skin prep, extra insulin
- _____ Insulin syringes (also if you have a pump syringes may be needed if pump malfunctions)
- _____ Insulin supply: vial and/or pen (Novolog, Humalog, etc.)
- _____ Insulin pen "heads"
- _____ Fast-acting source of glucose such as glucose tablets or glucose gel (carry some and for team kit, field trip or after school security staff)
- _____ Carbohydrate containing snack(s)
- _____ Possibly a meal if staying after school during typical meal time (if going on a field trip suggest packing a light meal in the event the bus breaks down)
- _____ Glucagon emergency kit (for team kit, field trip and/or after school security)
- _____ Cell phone (charged)