

1st Annual Cape May Tech 5K Fun Run and 1 Mile Walk

Date: May 18, 2019

Time: 9:00 am START

Location: Cape May County Technical High School

Cost: 5k - \$20.00 per person pre-registration / \$25.00 on race day

1 Mile walk - \$10.00 per person pre-registration / \$15.00 on race day

** T-shirts are guaranteed only to those who have pre-registered by 5/4/2019

Registration can be mailed to: Cape May Tech Class of 2021/2022

Attn: Brian Dudley/Ginny Roma

188 Crest Haven Road

Cape May Court House, NJ 08210

Please make checks payable to: Cape May Tech Class of 2021/2022

Registration begin at 8:00 am on race day.

5K awards given to TOP THREE males and females overall.

REGISTRATION FORM

Name: _____

Address: _____

Phone: _____ E-mail: _____

Gender: Male Female Date of birth: _____ Age on race day: _____

Emergency contact name: _____ Phone #: _____

T-shirt size: S M L XL XXL Race: 5k () or 1 Mile ()

Waiver (must be signed)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ Date _____

Parent or guardian if under 18 _____