

# Cape May County Technical School District



## Adult & Community Education Division Fall 2021 Course Guide



**Career/Vocational/Technical Courses  
Evening Personal Enrichment Classes**



188 Crest Haven Road, Cape May Court House NJ 08210

609-380-0241

[www.capemaytech.com](http://www.capemaytech.com)

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## Special Notice!

If, in the last two weeks, you have experienced symptoms of COVID-19, lost your smell of sense or taste, traveled to a state or country with high COVID-19 risk, or have been exposed to anyone with COVID-19 or flu-like symptoms, please do not enter the buildings.

Please check updated COVID-19 guidelines on our website.

## Semester Calendar

### September

Mon.	Tues.	Wed.	Thurs.
	7	8	9
13	14	15	16
20	21	XX	23
27	28	29	30

### October

Mon.	Tues.	Wed.	Thurs.
4	5	6	7
XX	12	13	14
18	19	20	21
25	26	27	28

### November

Mon.	Tues.	Wed.	Thurs.
1	2	3	XX
8	9	10	11
15	XX	17	18
22			

#### Classes not in session:

September 22

October 11

November 4 & 16

Some classes may begin or end on different dates. Please refer to the specific course description.

**Register early!**

# Cape May County Technical Schools Celebrating Over 100 Years

The Cape May County Technical School was instituted in 1915 by the Cape May County Commissioners and is today situated on an 84-acre campus in the Northern section of the Crest Haven Complex (Middle Township) which is easily accessible from Exit 11 off the Garden State Parkway.

The Cape May County Technical School presently consists of one main building which includes the Tozour (100) Building, the Scrivani (200) Building and the Toft (300) Building, as well as auxiliary buildings that include a greenhouse, the Broadley Administration Building, and waterfront facilities on the sound. Also, baseball, softball and soccer fields have been established on the campus.

The district's educational schools include a full-time Career Technical high school, shared-time career high school programs, evening adult high school programs to complete a diploma, adult post secondary full time programs, adult basic education with High School Equivalency (HSE) test preparation, English as a Second Language, HSE Testing, Summer Enrichment programs for Youth, lab school for preschoolers, and Adult Evening Community Education.

The district is ready to serve the educational technical needs of the community well into the 21st century.

The Cape May County Technical School District shall provide equal and bias-free access for all students to all school facilities, courses, programs, activities and services and give them maximum opportunity to achieve their potential regardless of race, creed, color, national origin, ancestry, age, sex, gender identity or expression, affectional or sexual orientation, marital status, liability for service in the Armed Forces of the United States, nationality, place of residence with the district, socioeconomic status, disability or pregnancy. Enforcement of other district affirmative action/equity policies (2224, 4111.1, 4211.1 and 6121) contribute to this legally required equality of educational opportunity.

Programs and activities are operated in compliance with Title VI of the Civil Rights Act of 1964 (Title VI, 100.4), Title IX of the Education Amendments of 1972 (Title IX, 106.4), Section 504 of the Rehabilitation Act of 1973 (Section 504, 104.5), Family Educational Rights and Privacy Act (FERPA) for Elementary and Secondary Schools, and Protection of Pupil Rights Amendment (PPRA).

<b>Cape May County Commissioners</b>	<b>Cape May County Technical School District Board of Education</b>	<b>Cape May County Technical School District Administration</b>
<i>Commissioner Director</i> Gerald M. Thornton	<i>Board President</i> Mr. Alan Gould	<i>Superintendent</i> Dr. Nancy M. Hudanich
<i>Commissioner Vice Director</i> Leonard C. Desiderio	<i>Board Vice-President</i> Ms. Jane Elwell	<i>Director of Curriculum &amp; Instruction and Adult &amp; Community Education</i> Ms. Nancy Wheeler Driscoll
<i>Commissioner</i> E. Marie Hayes	<i>Board Members</i> Mr. Christopher Kobik Mr. Kenneth Merson Ms. Nancy Ramundo	<i>Principal High School and Adult High School</i> Mr. Steven Vitiello
<i>Commissioner</i> Will Morey	<i>Interim Executive County Superintendent</i> Dr. Judith DeStefano	<i>Supervisor of Adult &amp; Community Education and Grant Coordinator</i> Ms. Susan Jurusz
<i>Commissioner</i> Jeffrey L. Pierson	<i>Board Secretary/ Business Administrator</i> Ms. Paula Smith	<i>Administrative Assistant</i> Miss Alicia Arnold

**EDUCATION THAT WORKS!**

# Community Education

## Six Weeks or Fewer

Register up to the first night of class!

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Better Brain	9/28/21	9
Draw, Paint, Watercolor	10/5/21	7
Employment Application Process	10/26/21	11
Essential Oils 101	9/28/21	9
Essential Oils & Stress Reduction	10/19/21	9
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Interview Skills	11/2/21	11
Mindfulness Introduction	9/28/21	9
Resume Writing	10/5/21	11

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CPR/AED Pediatric Initial Certification	10/20/21	6
CPR/AED Adult & Pediatric Recertification	11/3/21	6
Selling on eBay	10/6/21	11
Zentangle Beginners	9/8/21	8
Zentangle Intermediate	10/20/21	8

Thursday	Start Date	Page
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Soup and Salad	10/28/21	8
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Multi-Night	Start Date	Page
Boater's Safety Certification	9/28/21	6

## Did you know?

The Cape May County Technical School District serves all ages & stages!

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### Post Secondary Certification 12-13

For adults, age 18 and above with a high school diploma seeking career technical credentials.

### Adult Basic Education 15

Adult Basic Education classes to prepare students to take the High School Equivalency, the TEAS exam, and/or to raise their scores for entrance into Post-Secondary programs.

### ESL Preparation 15

Programs to prepare ESL students for the demanding workplace. Classes focus on speaking, listening, reading and writing, as well as earning an industry credential.

### High School Equivalency Testing 15

### Career Technical High School 14

A full-time career focused public school of choice.

### Evening Community Education 6-11

### Summertime Adventures for Kids 14

For youth ages 9 to 14.

Visit [www.capemaytech.com](http://www.capemaytech.com) for more online information including:  
 Adult High School Diploma  
 Lab School for Preschoolers

**Open House:**  
**November 16, 2021**  
*Check our Website for details.*  
**capemaytech.com**

# Certification - Part Time

## BOATER'S SAFETY CERTIFICATION

Earn your New Jersey Boater's Safety Certificate through this State approved course. Students will learn the parts of a vessel, what to do before going out in your boat, safety procedures of operating a boat, legal requirements, and how to handle boating emergencies. All lessons will be reinforced with review worksheets and various hands-on activities that will prepare students for the examination. Students must meet the required 8 hours of instruction, and must achieve a passing score on the test to earn their New Jersey Boater's Safety Certification.

Instructor: Hanna Toft  
Tuesday & Wednesday 6:00pm-9:00pm  
Fee: \$60.00

Tozour Building Room 109  
4 sessions  
9/28,9/29,10/5,10/6/21

## COMMERCIAL DRONE PILOT CERTIFICATION EXAM PREP

To fly a drone you must obtain a Remote Pilot Certificate from the Federal Aviation Administration (FAA) under the Small UAS Rule (Part 107). This course will provide detailed information on regulations, operating requirements and safety procedures as well as hands-on experience to help you prepare for the exam. Please note, the certification examination is independently scheduled and taken by the student at an off campus testing site approved by the FAA. The instructor is an experienced Certificated Commercial Drone Pilot.

Instructor: Michael Palombo  
Wednesday 5:00pm – 7:30pm  
Fee: \$125.00

Tozour Building Room 138  
10 sessions

### CPR/AED ADULT INITIAL CERTIFICATION

This American Red Cross course is designed to train individuals to act in emergency situations and to recognize and care for life threatening adult emergencies. Students will have the opportunity to practice on the training manikin and the test for certification will be administered the same night.

Instructor: Sandra Pickens  
Wednesday 6:00pm-9:00pm  
Fee: \$15.00 + \$24.00 (certification fee)

Tozour Building Room 120  
1 session  
10/6/21

### CPR/AED PEDIATRIC INITIAL CERTIFICATION

This American Red Cross course is designed to train individuals to act in emergency situations and to recognize and care for life threatening child and infant emergencies. Students will have the opportunity to practice on the training manikin and the test for certification will be administered the same night.

Instructor: Sandra Pickens  
Wednesday 6:00pm-9:00pm  
Fee: \$15.00 + \$24.00 (certification fee)

Tozour Building Room 120  
1 session  
10/20/21

### CPR/AED ADULT & PEDIATRIC RECERTIFICATION

This American Red Cross course is for individuals previously certified in Adult and/or Pediatric CPR/AED and would like to renew the two-year certification.

Instructor: Sandra Pickens  
Wednesday 6:00pm-9:00pm  
Fee: \$15.00 + \$24.00 (certification fee)

Tozour Building Room 120  
1 session  
11/3/21

# Technical Skills

## ART METAL WORK

This course is for individuals who have basic welding or metal working experience and are interested in working independently on a personal project with oversight of an instructor. The personal project must be at the individual's ability level and have the instructor's approval. Bring your project ideas on the first night of class. Verification of previous welding experience must be presented to the instructor on the first night of class. Please note: class is not in session on October 14.

Instructor: David Billig  
Thursday 6:00pm – 8:00pm  
Fee: \$80.00 + \$30.00 supply fee (S)++

Tozour Building Room 111  
8 sessions  
9/16 – 11/18/21

## AUTO REPAIR LAB - INTERMEDIATE TO ADVANCED

This class is for individuals who have completed an auto repair course at Cape May Tech or have familiarity with auto shop equipment/procedures. Under the guidance of an ASE (Automotive Service Excellence) certified instructor, students will have the opportunity to repair or service their own vehicle. On the first night of class, a review of auto shop equipment and safety guidelines will occur along with a discussion of potential projects. Please note, all repairs must be approved by the instructor. All automotive parts are supplied by the student and vehicles must be removed from the premises after each night of class, no exceptions.

Instructor: James Hornbeck  
Tuesday 6:00pm-9:00pm  
Fee: \$150.00++(S)

Tozour Building Room 110  
10 sessions

## ELECTRICAL HOUSE WIRING

Students will be introduced to the theory of electrical house wiring by applying the technical knowledge presented in the classroom and opportunity for hands-on experience. Electrical theory codes, standards, outlet connections, circuits and metallic and non-metallic cables will be included. This course covers the basics of electrical house wiring for the homeowner.

Instructor: Mike Mills  
Wednesday 6:00pm-9:00pm  
Fee: \$150.00 + \$15.00 supply fee (S)

Toft Building Room 330  
10 sessions

## OUTBOARD MOTOR MAINTENANCE & REPAIR

This course is for the boater who wants to know more about their engine. Theory and practical hands-on instruction in the operation, maintenance and troubleshooting of two and four-stroke outboard motors and drive trains will be featured. Students will be invited to bring in their own outboard motor later in the semester for servicing or repair. All parts are purchased independently by the student.

Instructor: Steve Schall  
Tuesday 6:00pm-9:00pm  
Fee: \$120.00++(S)

Tozour Building Room 166  
8 sessions  
9/7-10/26/21

**Register Online 24/7  
at  
[www.capemaytech.com](http://www.capemaytech.com)**

**NEW!****RESIDENTIAL HVAC FOR BEGINNERS/HOMEOWNERS**

This course is designed as an introduction to Heating, Ventilation and Air Conditioning for the beginner or homeowner. Students will learn the basics of residential systems to include forced air heating and air conditioning maintenance, boiler heating basics and duct repair. How to check the operation of systems, thermostats, general electrical safety, evaluation & cleaning procedures, air filters, duct work as well as the use of associated equipment and tools is included. Please note: this introductory course will not lead to any industry standard certification.

Instructor: Charles Weiss Toft Building Room 330  
 Tuesday 6:00pm – 9:00pm 10 sessions  
 Fee: \$150.00 (S)

**WELDING INTRODUCTION**

This course is designed to introduce students to the fundamentals of Oxy-Acetylene (Gas) welding and cutting operations as well as Stick (SMAW) electric arc welding. Students will learn basic welding procedures, equipment setup, and safe operation for both types of welding on steel. Students will have an opportunity for hands-on experience in a welding shop. This introductory course will not lead to any industry standard certification. Please note: class is not in session on October 14.

Instructor: David Billig Tozour Building Room 111  
 Thursday 6:00pm – 8:00pm 8 sessions  
 Fee: \$80.00 + \$50.00 supply fee (S) 9/16 – 11/18/21

# Arts/Crafts/Dance/Music

**DRAW, PAINT, WATERCOLOR ALL LEVELS**

This course is presented as an open art studio format. An experienced, professional artist will be available to assist and guide you with your independent projects in your favorite mediums including watercolors, pastels, acrylics, pencil and ink. All levels are welcome from novice to experienced. Please bring a project or an idea for a project the first night. Potential projects will be discussed and the instructor will provide guidance for the purchase of supplies. This course involves the independent purchase of supplies based on project selection.

Instructor: Colleen Ferraro Toft Building Room 326  
 Tuesday 6:00pm – 9:00pm 6 sessions  
 Fee: \$72.00++ 10/5-11/9/21

**GUITAR INTERMEDIATE**

Continue your study of the guitar by developing different playing styles, learn music theory and more fingering/strumming techniques. Interpret what a piece of music is telling you such as beat, tempo, scale. Learn movable barre chords and chord structure. Explore the elements of rhythm, melody, harmony and form the expressive controls of texture, timbre, dynamics, tempo and articulation. Conducted in a group instruction format. Please bring your acoustic guitar and tuner to each class.

Instructor: Joe Scheid Scrivani Building Room 204  
 Wednesday 6:30pm-8:00pm 8 sessions  
 Fee: \$48.00++ 9/8-11/3/21

**NEW!****KNITTING – INTARSIA COLOR TECHNIQUE**

Intarsia is a knitting color work technique that involves knitting with blocks of color. They can be in any shape or design you like, but the key is that when you change colors you don't strand the colors you're not working with across the back as is done in stranded knitting (also known as Fair Isle). Instead, each color of yarn is its own unit, with the strands being twisted together when you change colors to connect the pieces to each other. Class projects to choose from include a scarf, cowl, sweater, pillow or placemats. Upon registration, the pattern/supply list for this course will be emailed to the student.

Instructor: Kathe Christensen Toft Building Room 312  
 Wednesday 6:00pm – 8:00pm 10 sessions  
 Fee: \$80.00++

**FISH CARVING**

A fun, relaxing, enjoyable new hobby can be yours now! In this course, you will learn how to select the proper wood, tools, make a pattern, select tools for fish carving and carve. Students can select their favorite species for this class and are encouraged to bring in a photo or illustration of a fish they wish to carve. The instructor is a professional artist and author for over 50 years. Carving blanks and other related supplies will be available for purchase directly from the instructor or independently as per project selection. Potential projects will be discussed the first night of class.

Instructor: Anthony Hillman Tozour Building Room 106  
 Wednesday 7:00pm – 9:00pm 10 sessions  
 FEE: \$80.00 (S)++

**GUITAR BEGINNER**

Learn the fundamentals of playing the guitar including notes on the fingerboard, open chords and playing songs. Music theory and various music styles and guitar techniques will be presented in a group instruction format. Designed for the novice learner. Bring your acoustic guitar and tuner to each night of class. If you have a guitar method book, please bring it to class, but you are not required to purchase one to participate in this course.

Instructor: Joe Scheid Scrivani Building Room 204  
 Tuesday 6:30pm-8:00pm 8 sessions  
 Fee: \$48.00++ 9/7-10/26/21

**KNITTING - SWEATER**

This course is designed for the knitter who knows how to knit and purl. You will learn the important steps required to knit a well-fitted sweater using a pattern of your choice. Additional techniques presented include increasing/decreasing stitches, picking up stitches and proper seaming. Select a brand new pattern or bring the sweater project you have started and need assistance to complete. The independent purchase of supplies is required. If you have questions regarding project selection, pattern and supplies, please email [kathechristensen@comcast.net](mailto:kathechristensen@comcast.net) prior to the first night of class.

Instructor: Kathe Christensen Toft Building Room 312  
 Tuesday 6:00pm-8:00pm 10 sessions  
 Fee: \$80.00++

**NEW!****KNITTING – TWISTED STITCH**

Twisted-stitch knitting can be used to create a wide variety of beautiful patterns in your knitting projects. This style of knitting developed in the 18th century in Bavaria and northern Austria. Stitches can be twisted to the right or left and manipulated to create decorative ridges throughout a knitted fabric. They are especially useful for creating faux cable knits without the use of a cable needle. Class projects to choose from include hats, mitts/mittens, and cowls, but this technique can also be used in sweaters, shawls, socks and more. Upon registration, the pattern/supply list for this course will be mailed to the student.

Instructor: Kathe Christensen Toft Building Room 312  
 Monday 6:00pm – 8:00pm 10 sessions  
 Fee: \$80.00++

**LINE DANCING – BEGINNER FOCUS**

Line dancing is a choreographed dance performed individually in synchronization with others generally in lines and rows. Line dancing originated in the 1950's and grows more popular each year as music trends change. From County to Pop to Latin to Soul, you will learn the basic steps to popular line dances. No experience necessary. The instructor is a professional, experienced dance teacher.

Instructor: Susan Pennypacker Tozour Building Room 125  
 Monday 6:00pm – 6:45pm 8 sessions  
 Fee: \$24.00 9/13 – 11/8/21

**LINE DANCING – INTERMEDIATE REVIEW**

Are you ready to take your line dancing to the next level? Put your dancing shoes on and get ready to dance with Miss Susan, a professional, experienced dance teacher. Designed for individuals with knowledge of the basic line dancing steps, this course will focus on review of steps and favorite dances as well as presentation of new dances to popular varieties of music. Join the fun!

Instructor: Susan Pennypacker Tozour Building Room 125  
 Monday 7:00pm – 7:45pm 8 sessions  
 Fee: \$24.00 9/13 – 11/8/21

**QUILTING BY MACHINE**

This course is for the confident beginner to intermediate level machine quilter. You will learn cutting and block placement, binding and borders as you assemble your quilt. The easy way to do Diamonds is the feature of this course. Quilt selection for this class includes large (96"x96") or small (57 3/4" x 57 3/4") on point. Basic knowledge of the sewing machine is a prerequisite and this course requires the independent purchase of supplies by the student. Upon registration, the supply list will be emailed to the student. On the first night of class, please bring \$3.00 (exact change, please) for the pattern fee.

Instructor: Doreen Dever Toft Building Room 332  
 Monday 5:30pm – 9:00pm 10 sessions  
 Fee: \$140.00++

**WOODTURNING – INTRODUCTION**

This course is an introduction to the exciting hobby of Woodturning. Learn safety procedures, lathe operation, tool sharpening, spindle turning, pen making, bowl turning and other wood crafts. Featured will be the basics of segmented bowl design and turning. Members of the Cape Atlantic Woodturners Club will be guest presenters throughout the course providing expert guidance and demonstrations. Please note: class is not in session on October 7.

Instructor: Joe Jones Tozour Building Room 116  
 Thursday 6:00pm – 9:00pm 9 sessions  
 Fee: \$135.00++(S) 9/9 – 11/18/21

**WOODWORKING FOR BEGINNERS**

Proper use of hand tools and power machines will be introduced as students learn to construct individual projects during this course. The instructor will have suggestions on possible projects and/or bring an idea for a project the first night. All projects must have the approval of the instructor. This course involves the independent purchase of supplies by the student and guidance for purchasing supplies will be provided. Note: projects must be removed from the classroom after each night of class, no exceptions.

Instructor: Art Soloman Tozour Building Room 116  
 Tuesday 6:00pm-9:00pm 10 sessions  
 Fee: \$150.00 + \$15.00 supply fee ++(S)

**ZENTANGLE BEGINNERS *anticipated in 2022***

Never heard of Zentangle? It's a relatively new meditative art form that is easy with no previous drawing experience required. If you can write the letters I, S, C & O, then you can Zentangle. The art is created with a pen, pencil and blending tool on small paper tiles approximately 4" x 4". Specific drawing patterns taught are call Tangles. The course is taught by a Certified Zentangle Instructor. Please bring \$15.00 cash (exact change, please) to the first night of class for supplies to effectively participate in this course.

Instructor: Patti Mazzola Toft Building Room 326  
 Wednesday 6:00pm-8:00pm 5 sessions  
 Fee: \$40.00++ No Fall sessions

**ZENTANGLE INTERMEDIATE *anticipated in 2022***

This course is designed for individuals who have taken a Zentangle class and want to progress to the next level of the art form. In this class we will explore Zentangle projects by incorporating watercolor, color pencils and other mediums. The class is taught by a Certified Zentangle Teacher. If you have a Zentangle kit, please bring it to class, along with \$5.00 (exact change, please) for the additional supplies needed to participate effectively in this course. If you need a new Zentangle kit, please bring \$15.00 (exact change, please) to class.

Instructor: Patti Mazzola Toft Building Room 326  
 Wednesday 6:00pm-8:00pm 5 sessions  
 Fee: \$40.00 No Fall sessions

# Cooking

**SOUP & SALAD**

Easy and delicious soup and salad can be on your weekly menu with little advanced planning. In this one-night class, learn how to make soup and accompany the meal with a healthy salad using items already in your refrigerator or pantry. Please bring your favorite knife, apron, side towel and containers of different sizes to transport your food home.

Instructor: Chef Warren Wade Tozour Building Kitchen Room 124  
 Thursday 5:30pm – 8:30pm 1 session  
 Fee: \$12.00 + \$20.00 supply fee 10/28/21

**TOUR OF ITALY**

Classic Italian cuisine is the feature of this one-night class. Pasta, sauce, entree and more is on the menu as you learn to make easy and favorite recipes inspired by Italy. Please bring your favorite knife, apron, side towel and containers of different sizes to transport your food home.

Instructor: Chef Warren Wade Tozour Building Kitchen Room 124  
 Thursday 5:30pm – 8:30pm 1 session  
 Fee: \$12.00 + \$25.00 supply fee 11/18/21

# Health and Fitness

## BETTER BRAIN

"It is just normal aging, right?" Does this phrase sound familiar? If you are noticing a change, no matter your age, it is not normal. The good news is much can be done about it with some strategic lifestyle changes. This class will focus on easy habits to incorporate into your days to optimize your brain health and stay sharp for the rest of your life. You can never start this journey too early, all ages welcome! The instructor is a Certified Functional Medicine Health Coach, National Board Certified Health & Wellness Coach, and Certified by Apollo Health in ReCODE2.0 Protocol for Alzheimer's Prevention and Reversal, along with being one of the coaching program developers.

Instructor: Valerie Driscoll  
Tuesday 5:30pm – 7:00pm  
Fee: \$24.00

Tozour Building Room 139  
4 sessions  
9/28 - 10/19/21

## CHAKRA MEDITATION

Chakra meditation is a form of meditation that consists of a set of relaxation techniques focused on bringing balance, relaxation and well being. The Chakras are important centers of energy that appear throughout your body. Through Chakra meditation, you can improve the balance of your key Chakras and bring your health into a more peaceful state. The class begins with an introduction to the 7 main Chakras and each week's guided meditation will focus on balancing one or more Chakras. Please bring a yoga mat each night.

Instructor: Debbie Valletto  
Tuesday 4:15pm-5:30pm  
Fee: \$35.00

Tozour Building Room 135  
7 sessions  
9/21-11/2/21

## ESSENTIALS OILS 101

Essential oils can enhance so many areas of your daily life. They are often used for immune support, relaxation, sleep, stress relief, skin care, green cleaning and more! In this introductory class, you will learn about essential oil safety, how essential oils are produced and common methods of use with an emphasis on the top 7 essential oils. An opportunity to smell essential oils is included. The instructor will demonstrate how to construct an essential oil roller ball container which will be given away to a lucky participant! Note: contact with essential oils is not recommended for pregnant women, persons with high blood pressure or those individuals prone to seizures.

Instructor: Debbie Valletto  
Tuesday 5:45pm – 7:00pm  
Fee: \$5.00

Tozour Building Room 135  
1 session  
9/28/21

**NEW!**

## ESSENTIAL OILS & STRESS REDUCTION

Do you know there are various essential oils you can use for relief from anxiety and stress? This class presents the best essential oils to use to curb your anxiety and boost your mood. In this introductory class, you will learn about essential oil safety, how essential oils are produced and common methods of use with an emphasis on the oils utilized to assist in stress reduction. An opportunity to smell essential oils is included. The instructor will demonstrate how to construct an essential oil roller ball container which will be given away to a lucky participant! Note: contact with essential oils is not recommended for pregnant women, persons with high blood pressure or those individuals prone to seizures.

Instructor: Debbie Valletto  
Tuesday 5:45pm – 7:00pm  
Fee: \$5.00

Tozour Building Room 135  
1 session  
10/19/21

## ESSENTIALS OILS FOR THE HOLIDAYS

Essential oils can enhance so many areas of your daily life. They are often used for immune support, relaxation, sleep, stress relief, skin care, green cleaning and more! In this introductory class, you will learn about essential oil safety, how essential oils are produced and common methods of use. An opportunity to smell the most popular, seasonal essential oils is included. The instructor will demonstrate how to construct an essential oil roller ball container which will be given away to a lucky participant! Note: contact with essential oils is not recommended for pregnant women, persons with high blood pressure or those individuals prone to seizures.

Instructor: Debbie Valletto  
Tuesday 5:45pm – 7:00pm  
Fee: \$5.00

Tozour Building Room 135  
1 session  
11/2/21

## MEDITATION – TOOLS & TECHNIQUES

Meditation is an ancient tradition that is practiced in cultures all over the world to create a sense of calm and inner harmony. Each week the instructor guides the group into a relaxed state and shares various meditation techniques including mantras, affirmations, Tibetan healing bowl, complete quiet, and more to help the participant discover the effective types of meditation for their practice. This course is designed for participants with some experience with meditation. Please bring a yoga mat or blanket unless you plan to remain seated in a chair.

Instructor: Debbie Valletto  
Thursday 4:15pm – 5:30pm  
Fee: \$35.00

Tozour Building Room 135  
7 sessions  
9/16-10/28/21

## MINDFULNESS INTRODUCTION

The word "mindfulness" is everywhere you look and for good reason! This evidence-based brain training is transformative, whether you want to improve your health, weight, stress-management, sleep, work challenges or relationships. Mindfulness is a key skill toward any or all of your goals, because it teaches the practice of being responsive rather than reactive. How might that habit become useful in your life? You don't need to become a meditator to practice mindfulness, you just need to learn some of the basics and then practice them in your life! The instructor is a National Board Certified Health & Wellness Coach and is a qualified teacher of both Mindfulness-Based Stress Reduction and Mindful Self-Compassion.

Instructor: Valerie Driscoll  
Tuesday 7:15pm – 8:30pm  
Fee: \$20.00

Tozour Building Room 139  
4 sessions  
9/28 – 10/19/21

## WEIGHT TRAINING (Session 1)

The benefits of exercise and a balanced diet are essential to enjoying a healthy and happy lifestyle. Learn innovative strength and conditioning techniques. The course will include: custom routines to your desired goals, correct form and appropriate utilization of all gym equipment. This is an effective and fun class for people of any age or fitness level. Weight training is proven to revitalize your energy levels and enhance your overall wellness.

Instructor: Brian Halsey  
Monday 3:00pm-3:45pm  
Fee: \$30.00

Scrivani Building Weight Room 240  
10 sessions

## WEIGHT TRAINING (Session 2)

Course description same as Session 1, only the time is different.

Instructor: Brian Halsey  
Monday 4:00pm-4:45pm  
Fee: \$30.00

Scrivani Building Weight Room 240  
10 sessions

**NEW!**

## YOGA BEGINNERS

This introductory class is designed for individuals new to yoga and for individuals with some yoga experience to review the foundations of this ancient practice. We will cover basic breathing techniques, postures, history, philosophy and relaxation. Please bring your yoga mat or blanket and join us as we explore movements of the body, calming of the mind and opening of the heart. No prior experience or flexibility required. The instructor is a certified, experienced Yoga teacher.

Instructor: Christine Dennison      Scrivani Building Room 230  
Wed 5:00pm – 6:15pm Fee:      10 sessions  
\$50.00

**NEW!**

## YOGA GENTLE FLOW

This class is designed for individuals new to yoga or experienced practitioners interested in a gentle yoga practice. Simple and slower sequences will be presented to warm our bodies while building strength, balance and flexibility. Meditation at the end of the class will allow us to calm the mind as we unwind from the day. No prior experience or flexibility required. Please bring your yoga mat or blanket. The instructor is a certified, experienced Yoga teacher.

Instructor: Christine Dennison      Scrivani Building Room 230  
Wed 6:30pm – 7:45pm Fee:      10 sessions  
\$50.00

**NEW!**

## ZUMBA

Popular for over 20 years, Zumba combines high energy and motivating music with choreographed dance moves. Routines feature aerobic and fitness interval training (alternating fast and slow dance rhythms). Zumba provides a total workout by combining all elements of fitness including cardio, muscle conditioning, balance and flexibility. The class is taught by a certified Zumba instructor with 12 years of experience teaching. Please wear loose, comfortable clothing. Students should be in adequate physical condition to participate.

Instructor: Jenny Vargas      Scrivani Building Gym Room 209  
Monday 6:00pm-7:00pm      10 sessions  
Fee: \$40.00

**NEW!**

## ZUMBA GOLD

Zumba Gold is designed for individuals who wish to participate in Zumba but at a lower intensity. Easy to follow, modified choreography will focus on balance, range of motion and coordination. Zumba provides a total workout by combining all elements of fitness including cardio, muscle conditioning, balance and flexibility. The class is taught by a certified Zumba instructor with 12 years of experience teaching. Please wear loose, comfortable clothing. It is recommended students be in adequate physical condition to participate.

Instructor: Jenny Vargas      Scrivani Building Gym Room 209  
Monday 5:00pm – 5:45pm      10 sessions  
Fee: \$30.00

**VISA**



**DISCOVER**

*accepted for online or in-person registration*

# Language

## RUSSIAN MADE EASY

In this course, the Russian language will be presented in a style to explain grammar and vocabulary clearly. Grammar will be dissected to include verb conjugation, adjectives, cases and dialogue. A conversational approach will be included to learn everyday vocabulary and expressions that you can use. Cultural information will be incorporated as necessary to assist the student with learning and understanding the language. There is an optional textbook for this class, purchased independently by the student: Simplified Russian Grammar, author, Mischa Fayer.

Instructor: Ekaterina Hamann      Toft Building Room 310  
Wednesday 6:00pm-8:00pm      10 sessions  
Fee: \$80.00

# Special Interest

**NEW!**

## DNA & PEDIGREE

Learn to utilize your DNA results to provide matches and confirm your current information. How DNA is used to verify and further your pedigree is featured. Guidance in using the various tools of the DNA provider website to produce matches and verify information is included. The instructor has 8 years of experience with most commercial DNA companies and third party sites as well as over 35 years of experience researching genealogy. Students are requested to have completed DNA testing with results and have access to their provider website through username and password on each night of class.

Instructor: Helen Fink      Tozour Building Room 105  
Wednesday 4:00pm – 6:30pm      8 sessions  
Fee: \$80.00      9/8 – 11/3/21

## DOG OBEDIENCE (Session 1)

This course presents a gentle, traditional method with positive reinforcement for solving undesirable canine obedience problems for dogs at least 6 months of age. The same human trainer must accompany the same dog on each night of class, no exceptions. Exercises include heeling, sit/stay, down/stay, come when called, etc. Problems such as jumping and barking will be addressed. Canine Good Citizen evaluation and test will be available. A suitable leash is required. Please, no flex lead or harness (flat or martingale). **NOTE: NO DOGS ON THE FIRST NIGHT, HOWEVER, PLEASE BRING YOUR DOG'S IMMUNIZATION RECORD (BORDETELLA VACCINE REQUIRED). ON THE FIRST NIGHT, AN ORIENTATION AND RECORD REVIEW WILL OCCUR.**

Instructor: Sandy Fedoroff      Scrivani Building Room 230  
Thursday 6:00pm-6:45pm      8 sessions  
Fee: \$24.00      9/9-10/28/21

## DOG OBEDIENCE (Session 2)

Course description is the same as Session 1, only the time & instructor are different.

Instructor: Gail Fumo      Scrivani Building Room 230  
Thursday 7:00pm-7:45pm      8 sessions  
Fee: \$24.00      9/9-10/28/21

## DOG OBEDIENCE – RALLY FOR BEGINNERS (Session 1)

Rally obedience is a dog sport based on obedience. It is a team sport, you and your canine companion. You and your dog navigate through a course of 10 to 20 different signs. Each sign displays instructions for the skill to be performed at that station. Your dog will need to respond to basic commands such as sit, down, stay, heel, etc. Rally is a great way for you and your dog to bond while working as a team and having fun! Your dog must be at least six months of age to participate. **Pre-requisite: previous basic dog obedience class here at Cape May Tech or elsewhere.** Class size is limited so each team will have adequate time on the course each week. NOTE: NO DOGS ON THE FIRST NIGHT, HOWEVER, PLEASE BRING YOUR DOG'S IMMUNIZATION RECORD (BORDETELLA VACCINE **REQUIRED**). ON THE FIRST NIGHT, AN ORIENTATION AND RECORD REVIEW WILL OCCUR.

Instructor: Sandy Fedoroff  
Tuesday 5:30pm – 6:30pm  
Fee: \$40.00

Scrivani Building Room 230  
10 sessions

## DOG OBEDIENCE – RALLY FOR BEGINNERS (Session 2)

Course description is the same as Session 1, only the time is different.

Instructor: Sandy Fedoroff  
Tuesday 6:30pm – 7:30pm  
Fee: \$40.00

Scrivani Building Room 230  
10 sessions

## GENEALOGY

This course will assist you to research informational websites to either begin or advance your family tree. The Instructor has over 35 years of experience in researching records in both the United States and internationally. Guidance and recommendations in locating and searching records to verify information you already may have researched is featured. Each week, a portion of class time will focus on providing information on genealogy websites with remaining time designated for individual research on the computer and consultation with the instructor.

Instructor: Helen Fink  
Tuesday 4:00pm – 6:30pm  
Fee: \$80.00

Tozour Building Room 105  
8 sessions  
9/7 – 10/26/21

## MIXOLOGY – 101

This mixology course is a comprehensive and detailed course on the basics of bar & restaurant bartending. Techniques on how to prepare and serve beverages, cutting fruit, setting up sinks as well as how to handle customer relations will be featured. In addition, the business and legal aspects of the industry will be covered to prepare individuals for work in restaurants, taverns, nightclubs or private parties. Please bring a notebook, pen and address book to each night of class. Field trips to a restaurant supplement the curriculum. Prerequisite: 21 years of age or older (proof of age required on first night of class).

Instructor: Christopher Nardy  
Monday 7:00pm – 9:00pm  
Fee: \$80.00

Tozour Building Room 122  
10 sessions

## NEW!

## PODCASTING FOR BEGINNERS

In this course, students will be introduced to the fundamentals of audio recording and then apply these skills to create an original podcast. Course content includes writing, recording and editing using studio equipment and technology. Creative additions of music, sound effects and even commercials can be incorporated into your finished audio creation. If you ever wanted to record a podcast, but didn't know where to begin, this course is for you. Please bring a USB Flash Drive to class to save your project. Class is held in our state-of-the-art recording studio.

Instructor: Lane Tarr  
Tuesday 6:00pm – 8:00pm  
Fee: \$64.00

Tozour Building Room 119  
8 sessions  
9/14 – 11/2/21

## NEW!

## RESUME, EMPLOYMENT & INTERVIEW WORKSHOPS

### RESUME WRITING

Learn to prepare your resume in this three-week workshop. In session one, learn what items to include (and not to include) on your resume. In session two, bring all of your information to the class and draft a copy of your resume. In session three, you will have the opportunity to type your resume on the computer and print it on parchment specialty paper. This class will provide the necessary tools for the student to prepare their tailored, professional resume to confidently apply to future employment opportunities.

Instructor: Emma Curry  
Tuesday 5:30pm – 7:30pm  
Fee: \$24.00

Tozour Building Room 117  
3 sessions  
10/5,10/12,10/19/21

### EMPLOYMENT APPLICATION PROCESS

Learn to confidently apply to jobs by gaining the necessary knowledge about the application process. Students will discover what to expect when filling out both online and paper applications. In addition, this course will also provide important information on customizing cover letters, signing up for online platforms that employers utilize to find candidates and learning the pre-employment screening process. Please bring a current resume to the class.

Instructor: Emma Curry  
Tuesday 5:30pm – 8:00pm  
Fee: \$10.00

Tozour Building Room 117  
1 session  
10/26/21

### INTERVIEW SKILLS

Learn to ace that job interview! In this one-night class, you will gain the knowledge and skills necessary to confidently interview. The do's and don'ts of the interview process will be included along with special attention to the virtual interview world. In addition, practical experience will be available as we conduct mock interviews to prepare you for real interviews with potential employers. Please bring a current resume to the class.

Instructor: Emma Curry  
Tuesday 5:30pm – 8:00pm  
Fee: \$10.00

Tozour Building Room 117  
1 session  
11/2/21

## SELLING ON EBAY (Session 1)

Whether downsizing, decluttering or have items you suspect may be valuable, ebay offers a unique opportunity to sell your items via the online world. In this course you will learn the basics of selling on ebay including how to research, list, sell and ship your items including a review of ebay's rules, policies, financial transactions and customer service. Students should have an email account and basic knowledge of online shopping. Special note: eBay requires users to have a checking account for processing transactions.

Instructor: Susan Cline  
Thursday 6:00pm – 8:00pm  
Fee: \$40.00

Tozour Building Room 105  
5 sessions  
9/9-10/7/21

## SELLING ON EBAY (Session 2)

Course description is the same as Session 1, only the day is different. Please note: there is no class on October 27.

Instructor: Susan Cline  
Wednesday 6:00pm – 8:00pm  
Fee: \$40.00

Tozour Building Room 131  
5 sessions  
10/6 – 11/10/21

# Carpentry & Property Management

## Pre-Admission Testing

All interested candidates must take and pass the CASAS pre-test.

CASAS Testing is given at our school free of charge.

For Testing Information Visit [capemaytech.com](http://capemaytech.com) or call 609-380-0200 ext.644

## Topics of study include:

**Technical Mathematics**

**Framing**

**Construction Materials and Selection**

**Job Estimating**

**Blueprint Reading**

**Foundations and**

**Roughing In**

**Finish Carpentry Techniques**

**Applicable Codes and Standards**

## Post Secondary

## Carpentry & Property Management at Cape May Tech



The Carpentry and Property Management program is a course of study focusing on skills in carpentry, masonry, electric and plumbing and how they relate to new construction, renovations and property maintenance. Students apply technical knowledge and skills to layout, cut, fabricate, erect, install and repair wooden structures and fixtures, using hand and power tools. Students will build framing projects, install roofing and siding, wire residential circuits, install water and drain lines, pour and finish concrete, and trouble shoot repair issues.

## Important Contact Information

Cape May County Technical School  
Adult Education Division  
188 Crest Haven Road  
Cape May Court House, NJ 08210  
Ph. 609-380-0243  
Fax: 609-465-4962  
Email: [krickards@capemaytech.com](mailto:krickards@capemaytech.com)  
Web site: [www.capemaytech.com](http://www.capemaytech.com)

Students will be eligible to earn OSHA 10 Hour Construction Industry Training Certificate. This industry-recognized certificate provides entry-level construction workers' general awareness on recognizing and preventing hazards on a construction site.

Strong basic math skills are necessary, with a focus on arithmetic calculations, Geometry, and some basic Algebra. Language Arts skills in vocabulary and communications as well as the ability to read documents, write reports and communicate with customers are an integral part of the program.

Graduates may find employment as framers, roofers, siding installers, finish carpenters, property maintenance carpenters, deck builders, drywall installers and finishers, painters, property management, concrete finishers and construction laborers.

Class will be held three days per week, Monday, Tuesday and Wednesday evenings from 6:00pm-9:00pm. Class is scheduled to begin on October 18, 2021 and continue through March 30, 2022.

For Credential Information:

United States Department of Labor  
OSHA Card Credential  
Website:  
<https://www.osha.gov/training/outreach>

# Post Secondary Programs for Licensing/Certification

## Dental Assisting

The Dental Assisting program at the Cape May County Technical School prepares the student to meet requirements to become a Certified Dental Assistant (CDA). Successful graduates also qualify for the NJ Registered Dental Assistant (RDA) and Limited Radiologic Technologist—Dental LRT-(D) credentials.

This program is open to adult students with either a high school diploma or equivalent, who are 18 years of age or older and pass the pre-admission testing. In addition, applicants must submit a valid CPR/BLS for Health Care Professionals and submit a completed physical form which includes specified titers and immunizations prior to the start of class. All post-secondary students must also obtain a criminal background clearance as per district policy.

The Dental Assisting program is fully accredited by the American Dental Associated Commission on Dental Accreditation (ADA-CODA), approved by the Department of Environmental Protection (DEP) Bureau of X-ray Compliance and approved by the New Jersey State Board of Dentistry.

The Dental Assisting program is a full-time, 10-month program in session September through June, Monday through Friday, 8:00am to 2:30pm. Clinical hours may vary depending upon the affiliation site.

## Practical Nursing

The Practical Nursing program will provide a curriculum based on the holistic concept of patient care and will provide the students with the necessary knowledge to meet the requirements for licensing in the field of nursing. It will prepare the students to function as members of the health care team to recognize and meet the needs of people in their care.

This program is open to adult students with either a high school diploma or equivalent, who are 18 years of age or older and pass the pre-admission testing. In addition, applicants must submit a valid CPR/BLS for Health Care Professionals and submit a completed physical form which includes specified titers and immunizations prior to the start of class. All Post-Secondary students must also obtain a criminal background clearance as per district policy.

This course is approved by the New Jersey Board of Nursing and the New Jersey Department of Education, and consists of both classroom and clinical experiences.

The Practical Nursing program is a full time 44-week, daytime program reserved for post-secondary students. The regular classroom hours are Monday through Friday, 8:00am to 2:30pm. Clinical hours will vary depending upon the affiliation site.

## Cosmetology

This course is specifically designed to prepare graduates for licensing requirements established by the New Jersey State Board of Cosmetology/Hairstyling. Students are required to complete 1000 productive hours of training as part of the course requirements. The district will strictly enforce this requirement. Students of this program will be instructed in all of the state required areas of Cosmetology and Barbering, along with other related areas of study, including workplace readiness and communication skills. Students will practice their skills on mannequins and fellow students. During the second half of the year and upon receipt of their student permit, an "in-house" clinical experience will be added, and students will work with patrons from the community as part of the training.

The program is open to adult students with either a high school diploma or equivalent, who are 18 years of age or older and pass the pre-admission testing. In addition students must submit a copy of their birth certificate and submit a completed physical form prior to the start of class. All post-secondary students must also obtain a criminal background clearance as per district policy.

The Cosmetology program is fully accredited by the New Jersey State Board of Cosmetology. The Cosmetology program is a full-time 10-month program in session September through June, Monday through Thursday, 1:30 pm - 9:30 pm.

## Welding AWS 1G Certification

This course is aligned with the objectives and curriculum of the American Welding Society. Upon completion, the student will be able to produce welds to Bridge, Highway and AWS D1.1 Structural Codes. Classroom theory includes a review of materials, the cross matching of welding filler material to metals that will be welded, blueprint reading and math for welders. The curriculum includes practical application and practice in Oxy/Acetylene cutting, Fusion and all position brazing, and Arc welding in all positions using 6010 and 7018 welding rods. The American Welding Society Basic Welder (1-G) certification testing will be offered on site to all students that meet program requirements.

The Welding program is a 9-month program in session from September through May. Class is scheduled on Monday, Tuesday and Wednesday evenings.

***For more information about  
Post Secondary Programs for adults  
who have completed  
high school, contact us at  
(609) 380-0243***

# Youth Programs and High School Education



**Cape May County Technical High School:**  
*from Culinary Arts to Calculus,  
from English to Engineering...  
and so much more!*

Cape Tech is a career focused public school of choice offering college and career readiness in high school.

**Want to schedule a tour?**

**Want more information?**

Call our admissions office

609-380-0200 ext. 691

or visit our website:

[www.capemaytech.com](http://www.capemaytech.com)

**Why choose Cape Tech?**

- Career Technical Training
- Industry Credentials
- Rigorous Academics and Electives
- College Credits in High School
- State of the Art Technical and Science Facilities
- Student Life with Sports, Clubs, Activities and more

## Summertime Adventures For Kids

*Fun for Ages 9 to 14*

***sponsored by the Cape May County Technical Schools***

Summertime Adventures for Kids youth program is a “hands-on” summer experience for young people ages nine to fourteen.

Class offerings have been designed to share exciting, creative, enjoyable, and educational experiences in the following interest areas: arts/crafts, engineering, food, games, law/public safety, marine, and video production.

Each class curriculum has been tailored to designated age levels and a similar variety of classes may be offered in two one-week sessions in the summer.

Cape May County Technical School District approved teachers will staff and administer all programs.

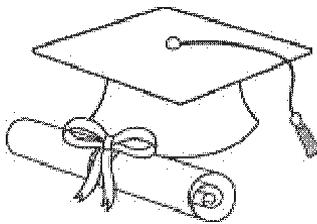
All classes are held at the Cape May County Technical School District, 188 Crest Haven Road, Cape May Court House, New Jersey.

More specific information on potential class offerings will be available on our website.

Contact the community education office at (609) 380-0241 to place your name on the mailing list or e-mail: [aarnold@capemaytech.com](mailto:aarnold@capemaytech.com).

## Free Classes Adult Basic Education (ABE) High School Equivalency (HSE) Preparation

Our school offers free Adult Basic Education classes to prepare students to take their HSE and/or to raise pre-admission test scores for entrance into Post-Secondary programs.



Where: Cape May County Technical School, Room 155  
Days: Wednesday and Thursday  
Times: 6:00 PM-9:00 PM  
Open enrollment starts September 15, 2021

Additional classes will be offered in other locations, as well as virtually. Please contact Elizabeth Satterfield for more information: (609)380-0200 ext.644 or [esatterfield@capemaytech.com](mailto:esatterfield@capemaytech.com)



TEST  
ASSESSING  
SECONDARY  
COMPLETION™

### High School Equivalency (HSE) Testing Center Dates

- Monday, September 13, 2021
- Monday, September 27, 2021
- Monday, October 4, 2021
- Monday, October 18, 2021
- Monday, November 1, 2021
- Monday, November 15, 2021
- Monday, December 6, 2021
- Thursday, December 16, 2021

Testers arrive at 3:45 PM and testing concludes no later than 9:00 PM  
Register at: <https://capemaytech.com/ps-hse-registration.html>

Testing dates are subject to change. Additional dates may be added.  
Please check our website for the most up to date information.

## FREE! English as a Second Language Classes Call for Information

For more information or to reserve a seat in any of these programs, please contact: Elizabeth Satterfield at (609) 380-0200 ext. 644 or [esatterfield@capemaytech.com](mailto:esatterfield@capemaytech.com)

# Registration Procedures for Part-Time Evening Community Education Classes

## General Information

- Registration opens to the public beginning on Wednesday, August 11, 2021, for all methods of registration until the first night of class, provided seating is available.
- Registrations will be processed in the order which they are received via on-line, or in-person.
- You may contact the evening school office to see if there is space available in the class you desire. Please call (609) 380-0241 during regular business hours.
- The total course fee must be paid in full at the time of registration.
- The Cape May County Technical School reserves the right to limit registration for courses, to discontinue courses for which there is insufficient registration and to change times, locations and/or instructors.
- Class sizes are determined by the nature of the class and space. If a class is full, it will be closed and a waiting list will be generated for the semester.
- Senior citizens age 60+ receive a discount for all non-credential/licensing courses. The discount is 50% off the registration fee. Other supply fees remain full price. ID will be requested.
- We cannot process cash at registration, so please be prepared with debit/credit card (for online or in-person) or check/money order (for in-person).

## Ways to Register:

### Online Registration: [www.capemaytech.com](http://www.capemaytech.com)

- Online registration opens Wednesday, August 11, 2021
- Have your course selection information ready
- Each course is registered for separately
- Payment is due online by credit/debit at time of registration (VISA, Mastercard or Discover)
- Senior Citizen discount code for online registration is provided
- Registration confirmation is sent via e-mail.

### In-person Registration

- Registrations will be accepted Monday through Thursday, excluding holidays, in the Adult Education Office according to the following schedule:

August 11 to First Night of Class\*\* 8:30am to 2:30pm  
*closed Monday Holidays*

*\*\*You are encouraged to register early as classes may fill*

- Address for entrance is 188 Crest Haven Road  
Cape May Court House NJ 08210
- Park in Lot C, Tozour Building ONLY
- Access is controlled and you will be required to enter via the intercom security screening process.
- Payment by check/money order or credit/debit only  
(NO cash can be processed)

### **Special Notice!**

If, in the last two weeks, you have experienced symptoms of COVID-19, lost your smell of sense or taste, traveled to a state or country with high COVID-19 risk, or have been exposed to anyone with COVID-19 or flu-like symptoms, please do not enter the buildings.

Please check updated COVID-19 guidelines on our website.

## Symbol Key

### **(+) Course Supply Fee —**

A general course supply fee may be charged in courses in which consumable school supplies are used in the instructional/ learning process. All listed general course supply fees must be paid along with the course fee at the time of registration. These courses will be identified in the brochure with a plus sign (+) next to the course fee and the identified supply fee listed.

### **(++) Course Supplies need to be purchased —**

Some courses require supplies to be used in class which cannot be effectively included in a general supply fee due to the nature of individual appeal for projects. These courses will be identified in the brochure with a double plus sign (++) next to the course fee. Instructors will provide students with the names of suggested vendors who may stock the necessary supplies.

### **(S) Safety —**

Persons taking a class where tools, power machines, toxic fumes or flammable liquids are being used must wear proper safety clothing, breathing devices and approved eye protection as directed by the instructor, at all times in the shop area. Classes that require safety agreements will be identified in the brochure with an (S) and students are required to sign a safety agreement prior to participation.



**188 Crest Haven Road  
Cape May Court House NJ 08210  
609-380-0241  
[www.capemaytech.com](http://www.capemaytech.com)**