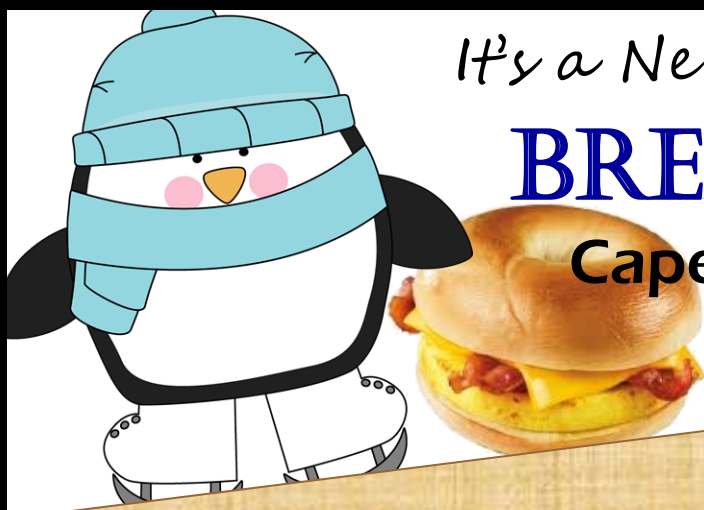


It's a New Year with New Choices!

# BREAKFAST MENU

Cape May County Technical



**New Item!**  
**Apple Bites**



## **BREAKFAST BITES**

Breakfast Served From 7:15—7:55 am

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Meal ~ \$2.50

Reduced ~ \$0.30

Includes Milk, Fruit, Protein / Grain

**All Choices Available Daily**

Hot Egg and Cheese Sandwich On a Bagel  
(You Choose: Sausage, Bacon or Pork Roll)

NEW! Apple Bites

Warm Pillsbury Apple Frudel

Cini Mini

Warm Dutch Waffle

You May take 1 or 2 Fruits & Your Choice of Milk.

Fresh Fruit, Cupped Fruit and 100% Fruit Juice  
(You must take 1 fruit choice to qualify as a reimbursable meal)

Milk: 1 % White, Low fat Chocolate and Strawberry  
Milk \$0.50, 100% Juice \$0.50, WAWA Coffee \$1.00



This Institution is an Equal Opportunity Provider & Employer.

